

Walking in the Spirit Part 1. Believed to be originally typed November 1992. Originally one document, now in 2 Parts. Unsure if this was ever shared with SCF*

Purpose of This Document

To understand how to function in the Holy Spirit, allowing your spirit to be governed by the Holy Spirit in your everyday life. Jesus, although He was God, became flesh and lived His life in the spirit. We are to be perfected in the way of the Holy Spirit which means that we must die to the work of the flesh.

Psalm 103 verse 1-15

Bless the LORD, O my soul, and all that is within me, bless His holy name. 2 Bless the LORD, O my soul, and forget none of His benefits; 3 Who pardons all your iniquities, who heals all your diseases; 4 Who redeems your life from the pit, who crowns you with lovingkindness and compassion; 5 Who satisfies your years with good things, so that your youth is renewed like the eagle. 6 The LORD performs righteous deeds and judgments for all who are oppressed. 7 He made known His ways to Moses, His acts to the sons of Israel. 8 The LORD is compassionate and gracious, slow to anger and abounding in lovingkindness. 9 He will not always strive with us, nor will He keep His anger forever. 10 He has not dealt with us according to our sins, nor rewarded us according to our iniquities. 11 For as high as the heavens are above the earth, so great is His lovingkindness toward those who fear Him. 12 As far as the east is from the west, so far has He removed our transgressions from us. 13 Just as a father has compassion on his children, so the LORD has compassion on those who fear Him. 14 For He Himself knows our frame He is mindful that we are but dust. 15 As for man, his days are like grass; as a flower of the field, so he flourishes.

God Has done great things!

To Walk in the Spirit is a Step by Step Experience.

a). Our Understanding is to Increase - We are a Trinity - Three Parts in One.

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Ephesians 4 verse 20-24

But you did not learn Christ in this way, 21 If indeed you have heard Him and have been taught in Him, just as truth is in Jesus, 22 that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, 23 and that you be renewed in the spirit of your mind, 24 and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

Renewed in the Spirit of your mind.

1 Thessalonians 5 verse 23

Now may the God of peace Himself sanctify you entirely; and may your spirit and soul and body be preserved complete, without blame at the coming of our Lord Jesus Christ.

Consecrated entirely, in spirit, soul and body.

There are three parts to man, spirit - soul - body. These three parts are to become sanctified; that is, made holy and they, like the Trinity are to become united under the government of God's Holy Spirit.

b). All the Promises are in God - The Holy Spirit.

The Holy Spirit is our helper. The Holy Spirit is the spirit of truth.

John 14 verse 16-17

I will ask the Father, and He will give you another Helper, that He may be with you forever; 17 that is the Spirit of truth, whom the world cannot receive, because it does not see Him or know Him, but you know Him because He abides with you and will be in you.

The Holy Spirit is our refining fire.

Malachi 3 verse 1-4

"Behold, I am going to send My messenger, and he will clear the way before Me. And the Lord, whom you seek, will suddenly come to His temple; and the messenger of the covenant, in whom you delight, behold, He is coming," says the LORD of hosts. 2 "But who can endure the day of His coming? And who can stand when He appears? For He is like a refiner's fire and like fullers' soap.

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3 He will sit as a smelter and purifier of silver, and He will purify the sons of Levi and refine them like gold and silver, so that they may present to the LORD offerings in righteousness. 4 Then the offering of Judah and Jerusalem will be pleasing to the LORD as in the days of old and as in former years.

The Holy Spirit is our power source and our intercessor.

Romans 8 verse 26-28

In the same way the Spirit also helps our weakness; for we do not know how to pray as we should, but the Spirit Himself intercedes for us with groanings too deep for words; 27 and He who searches the hearts knows what the mind of the Spirit is, because He intercedes for the saints according to the will of God. 28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose.

The Holy Spirit is our filling station for life's journey.

Ephesians 5 verse 18-21

And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, 19 speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; 20 always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father; 21 and be subject to one another in the fear of Christ.

c). **To Walk in the Spirit is to:**

Obey God, the Holy Spirit.

Acts 5 verse 32

And we are witnesses of these things; and so is the Holy Spirit, whom God has given to those who obey Him."

Acts 16 verse 6-10

They passed through the Phrygian and Galatian region, having been forbidden by the Holy Spirit to speak the word in Asia; 7 and after they came to Mysia, they were trying to go into Bithynia, and the Spirit of Jesus did not permit them; 8 and passing by Mysia, they came down to Troas.

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9 A vision appeared to Paul in the night: a man of Macedonia was standing and appealing to him, and saying, "Come over to Macedonia and help us." 10 When he had seen the vision, immediately we sought to go into Macedonia, concluding that God had called us to preach the gospel to them.

Live in the Holy Spirit.

Ephesians 5 verse 18-21

And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, 19 speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; 20 always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father; 21 and be subject to one another in the fear of Christ.

Galatians 5 verse 24-25

Now those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 If we live by the Spirit, let us also walk by the Spirit.

Be disciplined by the Holy Spirit.

Romans 8 verse 12-15

So then, brethren, we are under obligation, not to the flesh, to live according to the flesh - 13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live. 14 For all who are being led by the Spirit of God, these are sons of God. 15 For you have not received a spirit of slavery leading to fear again, but you have received a spirit of adoption as sons by which we cry out, "Abba! Father!"

1 Corinthians 9 verse 26-27

Therefore I run in such a way, as not without aim; I box in such a way, as not beating the air; 27 but I discipline my body and make it my slave, so that, after I have preached to others, I myself will not be disqualified.

Pray in the Holy Spirit.

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Ephesians 6 verse 18-20

With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints, 19 and pray on my behalf, that utterance may be given to me in the opening of my mouth, to make known with boldness the mystery of the gospel, 20 for which I am an ambassador in chains; that in proclaiming it I may speak boldly, as I ought to speak.

Be filled with the Holy Spirit.

Ephesians 5 verse 18-21

And do not get drunk with wine, for that is dissipation, but be filled with the Spirit, 19 speaking to one another in psalms and hymns and spiritual songs, singing and making melody with your heart to the Lord; 20 Always giving thanks for all things in the name of our Lord Jesus Christ to God, even the Father; 21 and be subject to one another in the fear of Christ.

Display the fruits of the Holy Spirit.

Galatians 5 verse 22-26

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law. 24 Now those who belong to Christ Jesus have crucified the flesh with its passions and desires. 25 If we live by the Spirit, let us also walk by the Spirit. 26 Let us not become boastful, challenging one another, envying one another.

We are not to walk in the flesh.

To Walk in the Flesh is to Live a Self-Centred Life.

Philippians 2 verse 1-8

Therefore if there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion, 2 make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose. 3 Do nothing from selfishness or empty conceit, but with humility of mind regard one another as more important than yourselves; 4 do not merely look out for your own personal interests, but also for the interests of others.

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5 Have this attitude in yourselves which was also in Christ Jesus, 6 who, although He existed in the form of God, did not regard equality with God a thing to be grasped, 7 but emptied Himself, taking the form of a bond-servant, and being made in the likeness of men. 8 Being found in appearance as a man, He humbled Himself by becoming obedient to the point of death, even death on a cross. To Walk in the Flesh is to Resurrect the Old Nature.

Romans 8 verse 12-13

So then, brethren, we are under obligation, not to the flesh, to live according to the flesh - 13 for if you are living according to the flesh, you must die; but if by the Spirit you are putting to death the deeds of the body, you will live.

Galatians 5 verse 16-21

But I say, walk by the Spirit, and you will not carry out the desire of the flesh. 17 For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. 18 But if you are led by the Spirit, you are not under the Law. 19 Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, 20 Idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, 21 envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

To Walk in the Flesh is to Sow Seeds in the Flesh and Display Fruits of the Flesh.

Galatians 5 verse 13-17

For you were called to freedom, brethren; only do not turn your freedom into an opportunity for the flesh, but through love serve one another. 14 For the whole Law is fulfilled in one word, in the statement, "YOU SHALL LOVE YOUR NEIGHBOR AS YOURSELF." 15 But if you bite and devour one another, take care that you are not consumed by one another. 16 But I say, walk by the Spirit, and you will not carry out the desire of the flesh.

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17 For the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please.

Galatians 6 verse 6-8

The one who is taught the word is to share all good things with the one who teaches him. 7 Do not be deceived, God is not mocked; for whatever a man sows, this he will also reap. 8 For the one who sows to his own flesh will from the flesh reap corruption, but the one who sows to the Spirit will from the Spirit reap eternal life.

To Walk in the Flesh is to Oppose the Holy Spirit.

Romans 8 verse 6-8

For the mind set on the flesh is death, but the mind set on the Spirit is life and peace, 7 because the mind set on the flesh is hostile toward God; for it does not subject itself to the law of God, for it is not even able to do so, 8 and those who are in the flesh cannot please God.

To Walk in the Flesh Dries up the Living Waters, Kills the Joy of Your Salvation and Separates You from God.

How can I recognise when I am walking in the flesh? By the fruit or manifestations of my life.

Galatians 5 verse 16-21

But I say, walk by the Spirit, and you will not carry out the desire of the flesh. 17 for the flesh sets its desire against the Spirit, and the Spirit against the flesh; for these are in opposition to one another, so that you may not do the things that you please. 18 But if you are led by the Spirit, you are not under the Law.

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19 Now the deeds of the flesh are evident, which are: immorality, impurity, sensuality, 20 idolatry, sorcery, enmities, strife, jealousy, outbursts of anger, disputes, dissensions, factions, 21 envying, drunkenness, carousing, and things like these, of which I forewarn you, just as I have forewarned you, that those who practice such things will not inherit the kingdom of God.

These above are the fruits of the flesh.

Galatians 5 verse 22-23

But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, 23 gentleness, self-control; against such things there is no law.

These are the fruits of the Holy Spirit.

What can I do about the areas I have difficulty with?

Confess it. Bring it into the light and ask Jesus to set you free from it. If you still have trouble, seek help from your shepherd. To hold onto a fleshy problem knowingly is to be disobedient to God.

To Walk in the Spirit is to be Free From Sin.

What sins do we mean? Of course all sins, but there are *less obvious* sins that are just as bad and bring upon us, if they are not dealt with, God's displeasure. For instance, it is not *just a pity* that some people cannot hear God. It can be because there is an attitude of non submissiveness to Him, a hardness of heart.

Isaiah 42 verse 18-20

Hear, you deaf! And look, you blind, that you may see. 19 Who is blind but My servant, or so deaf as My messenger whom I send? Who is so blind as he that is at peace with Me, or so blind as the servant of the LORD? 20 You have seen many things, but you do not observe them; your ears are open, but none hears.

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Hebrews 3 verse 7-19

Therefore, just as the Holy Spirit says, "TODAY IF YOU HEAR HIS VOICE, 8 DO NOT HARDEN YOUR HEARTS AS WHEN THEY PROVOKED ME, AS IN THE DAY OF TRIAL IN THE WILDERNESS, 9 WHERE YOUR FATHERS TRIED Me BY TESTING Me, AND SAW My WORKS FOR FORTY YEARS. 10 "THEREFORE I WAS ANGRY WITH THIS GENERATION, AND SAID, 'THEY ALWAYS GO ASTRAY IN THEIR HEART, AND THEY DID NOT KNOW My WAYS'; 11 AS I SWORE IN MY WRATH, 'THEY SHALL NOT ENTER My REST.'" 12 Take care, brethren, that there not be in any one of you an evil, unbelieving heart that falls away from the living God. 13 But encourage one another day after day, as long as it is still called "Today," so that none of you will be hardened by the deceitfulness of sin. 14 For we have become partakers of Christ, if we hold fast the beginning of our assurance firm until the end, 15 while it is said, "TODAY IF YOU HEAR HIS VOICE, DO NOT HARDEN YOUR HEARTS, AS WHEN THEY PROVOKED ME." 16 For who provoked Him when they had heard? Indeed, did not all those who came out of Egypt led by Moses? 17 And with whom was He angry for forty years? Was it not with those who sinned, whose bodies fell in the wilderness? 18 And to whom did He swear that they would not enter His rest, but to those who were disobedient? 19 So we see that they were not able to enter because of unbelief. Of course a baby can hear its parents although it may have some difficulty in responding due to its understanding, but it does hear. When we do hear and fail to respond this is disobedience and God has to deal with it and does so through the discipline of the Holy Spirit. Let us obey the commands - instructions that God gives.

End of Part 1. Continued at Part 2.

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