

Put Off	Scripture	Put On
1. Lack of love	1 John 4 verse 7-8 1 John 4 verse 20	Love John 15 verse 12
2. Judging	Matthew 7 verse 1-2 John 8 verse 7-9	Self examination 1 Corinthians 11 verse 28-31
3. Bitterness	Hebrews 12 verse 15	Tender hearted Ephesians 4 verse 32
4. Unforgiving spirit	Matthew 6 verse 24	Forgiving spirit Matthew 6 verse 14
5. Pride	Proverbs 16 verse 18	Humility Ephesians 4 verse 1-2
6. Conceit	1 Corinthians 4 verse 7	Humility Colossians 3 verse 12
7. Hatred	Matthew 5 verse 21-22	Love, kindness John 3 verse 16
8. Gossip	1 Timothy 5 verse 13	Praising and encouraging one another Romans 14 verse 19
9. Lying	Leviticus 19 verse 11	Speaking Truth Ephesians 4 verse 15
10. Profanity (Swearing)	Psalms 109 verse 17	Edification Ephesians 4 verse 16
11. Idle (Careless) Words	Matthew 12 verse 36	Restraining the tongue James 1 verse 26
12. Ingratitude	Nehemiah 9 verse 26	Thankfulness 1 Thessalonians 5 verse 16-18

These Bible notes have been provided as a resource by Peacemakers International. They were produced by Dennis Marshall who founded our organisation, about which you can find more information at

http://www.peacemakers-international.com/who_we_are/

13. Impatience	1 Samuel 13 verse 8-13	Patience Jonah 4 verse 7-9
14. Murmuring	Proverbs 19 verse 3	Gratefulness 1 Thessalonians 5 verse 16-18
15. Complaining	Jude verse 16	Contentment Philippians 4 verse 10-13
16. Jealousy	Proverbs 27 verse 4	Trust Proverbs 3 verse 5-6
17. Strife	Proverbs 20 verse 3	Respect Matthew 7 verse 12
18. Anger	Psalms 57 verse 8	Self Control Galatians 5 verse 22-24
19. Complacency	Proverbs 1:32	Diligence Hebrews 6 verse 11-12

Love in Marriage Eros - Philia - Agape

Eros

Is "need" love. It's the love that leads to marriage. It seeks sensual and sexual expression. It is both "erotic" and romantic love.

- Lingering touches of fingers and hands.
- Kissing - embracing.
- Candlelight and music at dinner.
- The look - smile.
- The buying of a new negligee for her.
- The wearing of it for him.

Philia

Is "friendship" type love.

- Enjoying each other's company.
- Doing things together.
- Feeling lonely when you are apart.

These Bible notes have been provided as a resource by Peacemakers International. They were produced by Dennis Marshall who founded our organisation, about which you can find more information at

http://www.peacemakers-international.com/who_we_are/

- d. Doing things your partner likes doing even if you don't like them.
- e. Communication of events each day.
- f. Agreeing on a wallpaper scheme.
- g. Speaking the truth about things you don't like without hurting each other.

It's co-operation: A friend is quick to forgive and doesn't keep telling you or reminding you of your failings. A friend is empathetic and supportive, thinks that you are "nice" not "horrible". The half full cup is always half full and not half empty.

Agape

Loves the undeserving and the imperfect.

Treats weakness with loving kindness and understanding.

Coping with our partners irritations.

Looking to satisfy our partner rather than ourselves.

Such love is a healing force for irritability.

1 John 4 verse 7- 9

Beloved, let us love one another, for love is from God; and everyone who loves is born of God and knows God. 8 The one who does not love does not know God, for God is love. 9 By this the love of God was manifested in us, that God has sent His only begotten Son into the world so that we might live through Him.

1 John 4 verse 14-19

We have seen and testify that the Father has sent the Son to be the Savior of the world. 15 Whoever confesses that Jesus is the Son of God, God abides in him, and he in God. 16 We have come to know and have believed the love which God has for us. God is love, and the one who abides in love abides in God, and God abides in him. 17 By this, love is perfected with us, so that we may have confidence in the day of judgment; because as He is, so also are we in this world.

These Bible notes have been provided as a resource by Peacemakers International. They were produced by Dennis Marshall who founded our organisation, about which you can find more information at

http://www.peacemakers-international.com/who_we_are/

18 There is no fear in love; but perfect love casts out fear, because fear involves punishment, and the one who fears is not perfected in love. 19 We love, because He first loved us.

Agape love is unconditional love.

1 Corinthians 13

If I speak with the tongues of men and of angels, but do not have love, I have become a noisy gong or a clanging cymbal. 2 If I have the gift of prophecy, and know all mysteries and all knowledge; and if I have all faith, so as to remove mountains, but do not have love, I am nothing. 3 And if I give all my possessions to feed the poor, and if I surrender my body to be burned, but do not have love, it profits me nothing. 4 Love is patient, love is kind and is not jealous; love does not brag and is not arrogant, 5 does not act unbecomingly; it does not seek its own, is not provoked, does not take into account a wrong suffered, 6 does not rejoice in unrighteousness, but rejoices with the truth; 7 bears all things, believes all things, hopes all things, endures all things. 8 Love never fails; but if there are gifts of prophecy, they will be done away; if there are tongues, they will cease; if there is knowledge, it will be done away. 9 For we know in part and we prophesy in part; 10 but when the perfect comes, the partial will be done away. 11 When I was a child, I used to speak like a child, think like a child, reason like a child; when I became a man, I did away with childish things. 12 For now we see in a mirror dimly, but then face to face; now I know in part, but then I will know fully just as I also have been fully known. 13 But now faith, hope, love, abide these three; but the greatest of these is love.

These Bible notes have been provided as a resource by Peacemakers International. They were produced by Dennis Marshall who founded our organisation, about which you can find more information at

http://www.peacemakers-international.com/who_we_are/